

The Athletic Equipment Source

SUGGESTIONS & TIPS

ALUMINUM BALANCE BEAM RECOVERING KIT

NOTE: READ THESE RECOMMENDATIONS COMPLETELY BEFORE STARTING TO INSTALL OR ASSEMBLE THIS PRODUCT. IF YOU REQUIRE FURTHER INFORMATION, PLEASE CALL OUR OFFICES AT 630-587-9333

Basic G-065 Kit contains: 18' section of suede material
Optional G-065R Kit contains: 1' neoprene rubber strip
Optional G-065A contains 1 can spray adhesive.

YOU'LL ALSO NEED:

- a. 1 can of spray adhesive (if you didn't order it from Norbert's, purchase a can from your local hardware store--we recommend 3M Super 77 Spray Adhesive).
- b. Power Stapler
- c. Scissors
- d. Pencil (DO NOT USE PEN)
- e. Tools for removing beam legs
- f. 2 saw horses or similar stands for balance beam

NOTE 1: Each manufacturer finishes bottom of beams differently. Before removing old cover, turn beam over and make a drawing indicating how cover was configured so you can duplicate it.

NOTE 2: Read instructions on glue can carefully. Glued surfaces must be allowed to become tacky in order to bond properly.

1. Remove old beam covering and clean beam thoroughly so no remnants of old cover remain, and beam surface is smooth
2. Glue neoprene rubber strip to top of beam.
3. Use pencil to mark center line on beam top or neoprene strip.
4. Use pencil to mark center line on bottom side of suede (you'll see cloth scrim).
5. Roll up suede (cloth side out) and place rolled up suede on one end of beam, leaving enough overhang (approximately 8") to tuck under beam for finishing.
6. Slowly unroll the suede matching center line on beam top with line on inside of suede material while carefully applying glue to both surfaces. (Apply glue to an approximately four inch wide area 2" on each side of center line on suede).
7. After gluing suede to beam top, lay beam on one side and apply glue to both exposed side of beam and suede (approximately 6" from where suede joins top of beam).
8. Starting at center of beam side, stretch the suede material down and towards end of the beam, smoothing material to eliminate bubbles or wrinkles.
9. Lay beam on opposite side and repeat steps 7 & 8.
10. Turn beam upside down, Apply glue to beam bottom and remaining suede, Starting in center, adhere material to beam, working your way evenly towards ends and smoothing suede as you go.
11. Fold ends neatly and glue to bottom similar to the way original cover was finished.

NOTE 3: Beam ends can be finished in a number of ways. Plan carefully before cutting material.

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WOOD BALANCE BEAM RECOVERY KIT

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Basic G-065 Kit contains: 18' section of suede material
Optional G-065R Kit contains: 1' neoprene rubber strip
Optional G-065A contains 1 can spray adhesive.

YOU'LL ALSO NEED:

- a. 1 can of spray adhesive (if you didn't order it from Norbert's, purchase a can from your local hardware store--we recommend 3M Super 77 Spray Adhesive).
- b. Power Stapler
- c. Scissors
- d. Pencil (DO NOT USE PEN)
- e. Tools for removing beam legs
- f. 2 saw horses or similar stands for balance beam

1. Glue neoprene rubber strip to top of beam.

2 Use pencil to mark a center line on top of beam or neoprene strip.

3 Use pencil to mark center line on bottom side of suede (you'll see cloth scrim).

4. Roll up suede (cloth side out)

5. Place rolled up suede on one end of beam (leave enough overhang to tuck under beam for finishing)

6. Slowly unroll the suede matching center line on beam top with line on inside of suede material while carefully applying glue to both surfaces. (Apply glue to an approximately four inch wide area 2" on each side of the center line of the suede).

7. After gluing suede to beam top, turn beam upside down.

8. Starting at the center of the beam, staple suede to bottom. Working in 2' increments, pull material up and outwards, keeping both sides equal.

9. After beam has been fully upholstered, fold ends over and staple to bottom.

NOTE: Beam ends can be finished in a number of ways. Plan carefully before cutting material.